



# DIABETES & Your Dental Health

## What does diabetes have to do with the mouth?

- Dentists are able to detect signs of diabetes in the mouth, which is another reason to stay on top of dental checkups.
- All food we eat is turned to sugar and used for energy. Diabetes affects your body's ability to process sugar.
- Diabetics are more susceptible to infections, putting them at an increased risk of developing gum disease.
- Diabetics with gum disease who receive frequent dental cleanings have lower glucose levels than diabetics who do not.
- This makes dental care extra important for those with diabetes!



Diabetes is responsible for

**1** in **5**

cases of tooth loss.

### SOURCES:

1. <https://www.mouthhealthy.org/en/az-topics/d/diabetes>
2. <https://www.mouthhealthy.org/en/diabetes-slideshow>